

## Young Adults w/Intellectual Disabilitlites or Autism June 8-12, 2025: Vegetarian

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Cheese omelet Southern style hashbrown Plant based sausage links Canned peaches	Waffles Plant based bacon Mandarin oranges	Scrambled eggs Shredded hashbrowns Applesauce	Camp muffin w/plant based sausage Hash brown patty Canned Pears
Lunch	<i>Selective Eater table available all meals</i> <i>Salad bar available lunch and dinner</i>	Plant based beef or chicken tacos Refried beans Corn Fresh grapes	Cheese or veggie pizza Veggie platter w/dip Pudding	BBQ meatless crumbles sandwich French fries Coleslaw Fruit fluff	Cheese ravioli w/marinara Peas Lemon bars
Dinner	Pasta w/plant base meatballs & marinara Garlic toast Green beans White cake	Baked potato bar w/assorted toppings Broccoli Cookies	Plant based meatloaf Mashed potatoes w/ veg based gravy Corn Dinner roll Fresh strawberries	Plant based orange chicken Rice pilaf Stir fry veggies Brownies	Plant based hamburgers & brats, Baked beans Chips Watermelon
snack	Fresh fruit and dip	Granola bars or fruit snacks	Cheese, sausage and crackers	Sushi S'mores	
<b><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></b>					

