

Youth with Intellectual Disabilities or Austism July 6-10 2025- Vegetarian ☑

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Waffles w/fruit topping	Cheese omelet Plant based sausage links Shredded hashbrowns Mandarin oranges	Pancakes Plant based bacon Applesauce	Camp muffin w/plant based sausage Hashbrown patty Peaches
Lunch	<i>Selective Eater table available all meals Salad bar avaiable lunch and dinner</i>	Plant based orange chicken Rice Stir fry veggies Canteloupe	Plant based beef BBQ on bun Potato salad Peas Cookies	BYO sandwich Hummus, or egg salad Sun chips Strawberries	Plant based beef or chicken w/shells Mexican cheese rice Corn Churros w/cream cheese frosting
Dinner	BBQ meatless crumbles sandwich Smiley fries Green beans Fruit fluff	Baked Tofu Au gratin potatoes Green beans Cupcakes	Cheese or veggie pizza Raw veggies w/dip Grape salad	BBQ meatless crumbles sandwich Tator bucks Coleslaw Brownies	Plant based hamburgers,or plant based brats on bun Baked beans Chips Watermelon
snack	Beef sticks & GF trail mix	GF Granola bars & GF fruit snacks	Pretzels & string cheese	Popcorn & yogurt cups	
<i>*Orange juice, apple juice only available at breakfast,1% milk, regular coffee, decaf, water available all meals*</i>					

