

# Youth who are Deaf or Hard of Hearing July 27-31, 2025: Vegetarian

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Cheese omelet Hashbrown patty Applesauce	French toast w/berry toppings Plant based sausage links	Scrambled eggs Plant based bacon Shredded hashbrowns Peaches	Pancakes Plant based sausage patty Fresh strawberries & blueberries
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	Cheese or veggie pizza Raw veggies w/dip Fruit fluff	Plant based mini corn dogs Plant based mac-n-cheese Peas Cantaloupe	Baked Tofu Au gratin potatoes California blend Dinner rolls Lemon bars	BYO sandwich Hummus or egg salad Pasta salad Grapes
Dinner	Plant based chicken nuggets Smiley fries Carrots Cookies	Plant based beef BBQ on bun Potato salad Broccoli Angel food cake w/icing	Plant based beef or plant based chicken tacos Mexican cheese rice Corn Churros w/cream cheese drizzle	Pasta w/plant based meatballs & marinara Green beans Garlic toast Cheesecake w/fruit topping	Plant based hamburgers, or plant based brats, on bun Baked beans Chips Watermelon
snack	Beef sticks & string cheese	Popcorn & yogurt cups	Trail mix & roasted edamame	Granola bars & fruit snacks	
<p><b><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></b></p>					