

Youth who are Deaf or Hard of Hearing July 20-24, 2025: Gluten Free

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		GF Camp muffin w/sausage GF Hash brown patty Peaches	Cheese omelet Ham patty GF Shredded hashbrowns Applesauce	GF Waffles w/fruit topping Bacon	Scrambled eggs Sausage links GF Southern style hashbrowns Mandarin oranges
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	BYO Sandwich Turkey, ham or egg salad on GF bread Potato chips Cantaloupe	GF Beef or chicken tacos GF Spanish rice Corn Churros w/cream cheese frosting	GF Chicken filet sandwich on GF bun GF Pasta salad Broccoli Fruit cocktail	GF Beef or cheese ravioli w/marinara California blend GF Garlic breadsticks GF Brownies
Dinner	GF Meatloaf dinner Mashed potatoes Green beans GF Dinner roll GF Banana pudding	GF Cheese, GF sausage, GF pepperoni, GF veggie pizza Raw veggies w/dip GF Cookies	GF Mini corn dogs GF Mac-n-cheese Carrots Fresh strawberries, blueberries & grapes	Beef BBQ on GF bun Potato salad Peas GF S'mores bars	Hamburgers, brats, or hot dogs on GF bun Baked beans Chips Watermelon
snack	Popcorn & yogurt cups	Cheese, sausage & crackers	Fruit snacks & string cheese	Roasted edamame & trail mix	
<p><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></p>					

