

Youth Blind or Visually Impaired & Youth w/Epilepsy July 13-17, 2025: Gluten Free

meal	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast		Cheese omelet Ham GF Shredded hashbrowns Applesauce	GF French toast w/berry toppings Sausage Links Pears	Scrambled eggs Bacon GF Southern style hashbrowns Peaches	GF Pancakes Sausage patty Fresh strawberries & blueberries
Lunch	<i>Selective Eater table available all meals Salad bar available lunch and dinner</i>	GF Mini corn dogs GF Mac-n-cheese Peas & carrots GF White cake	BYO Sandwich Turkey, ham, egg salad on GF bread Potato chips Grapes	GF Cheese, GF Sausage, GF pepperoni, or GF veggie pizza Raw veggies w/dip Fruit fluff	GF Zoo nuggets GF Smiley fries Peas GF cookies
Dinner	GF Pasta w/meatballs & marinara Green beans GF Garlic toast GF Brownies	GF Chicken filet sandwich GF Tator bucks Broccoli Fresh strawberries	GF Beef or chicken tacos GF Spanish rice Corn GF cinnamon muffin w/icing	Baked Ham Au gratin potatoes California blend GF Dinner roll GF Lemon bars	Hamburgers, brats, or hot dogs on GF bun Baked beans Chips Watermelon
snack	String cheese & beef sticks	Fruit snacks & trail mix	Popcorn & yogurt cups	Granola bars & pretzels	
<p><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></p>					