

Youth w/Diabetes June 15-19 & June 22-26, 2025

meal	Sunday	Monday	Tuesday	Wednesday	Thursday	
Breakfast	<p>Regular Menu</p>	Egg Bites Bacon Cereal Fit-n-lite yogurt Fresh fruit Hard-boiled eggs	Waffles SF syrup Sausage patty Cereal Fit-n-lite yogurt Fresh fruit Hard-boiled eggs	Cheese omelet Bacon Cereal Fit-n-lite yogurt Fresh fruit Hard-boiled eggs	Vanilla yogurt w/fruit toppings Scrambled eggs Sausage links Cereal Fit-n-lite yogurt Fresh fruit Hard-boiled eggs	
Lunch		<i>Selective Eater table available all meals</i> <i>Salad bar available lunch and dinner</i>	Meatball sub w/cheese Fritos Grapes	BYO sandwich bar w/ham, turkey or egg salad Potato chips Strawberries	Beef or chicken taco Refried beans Corn Watermelon	Macaroni & cheese Grilled Chicken Peas Cantaloupe
Dinner		Shredded beef w/gravy Mashed potatoes Corn Fresh fruit Asst. cookies	Grilled chicken bacon ranch wrap Potato salad Watermelon	Pasta w/marinara Garlic bread Green beans Cantaloupe	Cheese, Sausage, pepperoni or veggie pizza SF Jello Stawberries	Hamburgers & hot dogs w/bun Potato chips Grapes Ice cream bars
snack		see snack listing				
<p><i>*Orange juice, apple juice only available at breakfast, 1% milk, regular coffee, decaf, water available all meals*</i></p>						